

Children, Youth and Family Programs 2025–2026 Registration

Many of our fall programs and classes, such as Sunday School and Confirmation, and choirs are open for registration. Check out our registration page at spdcl.org/register.

- **Childcare Center**
Children who are 6 weeks old through 3 years old
Childcare is available at all Sunday morning worship services. The Childcare Center has training staff.
- **Sunday School and Sunday Friends (9:30 a.m. only)**
Sundays at 9:30 and 10:45 a.m.
- **Grade 5 Gathering** (5th graders—two monthly program
Wednesdays, 6–7:30 p.m.)
- **Confirmation** (6–8th grade, 9th grade)
Wednesdays, 6:30–7:30 p.m.
- **Koin** (9th–12th grade) Wednesdays, 7:30 p.m.
- **Children's and Youth Choirs (see page one)**

3-Year-Old Open House & Beginner's Bible Wednesday, Sept. 3 from 4:30–6 p.m.

Three-year-olds and their parents are invited to an Open House in Room 101 on the lower level to receive their very own Bible! Join us for a special sharing time to learn more about your Bible and personalize it for your use. Questions? Contact Kathy Hagedorn at khagedorn@spdcl.org or 763-475-7138.

Join a Choir!—Children and Adults

Did you know that St. Philip the Deacon has four choral ensembles that sing during worship services throughout the program year? Adults and children as young as Kindergarten are welcome to sing in choir—regardless of experience! Registration for all choirs may be found at spdcl.org/register.

Beginning Sept. 3

Sanctuary Choir (adults)
Wednesdays at 7–8:30 p.m.
*Choir Kick-off dinner is Sept. 3 at 6 p.m.

Beginning on Sept. 9

Dynamic Deacons (K–2nd grade)
Tuesdays at 5–5:30 p.m.

Chancel Choir (3rd–5th grade)
Tuesdays at 5:35–6:05 p.m.

Beginning Sept. 10

SPD Singers (6th–12th grade)
Wednesdays at 5:15–5:55 p.m.

Simply Serve—Prayers for the School Year Wednesday, Sept. 3 at Noon

You are invited to set aside time from Noon to 1 p.m., Wednesday, Sept. 3, to intentionally pray for the 2025–2026 school year. Pray from anywhere! At home, in the St. Philip the Deacon sanctuary, with friends, on a walk—lift up your neighborhood, schools, SPD, our country, or whatever God puts on your heart.

The Seven Principles for Making Marriage Work Saturday, Sept. 27, 9 a.m.–3:30 p.m.

The Seven Principles Couples Program is a one day workshop. It is a marriage enrichment and pre-marital prep workshop for couples based on the scientific research published in the book *The Seven Principles for Making Marriage Work* by Dr. John Gottman, with Nan Silver. No need to read the book before attending. Couples will learn proven tools to help:

- Improve friendship, fondness, and admiration
- Enhance romance and intimacy
- Manage conflict constructively
- Gain skills to address perpetual and solvable problems
- Create shared meaning
- Maintain gains throughout a lifetime

Seven Principles Couples Program format includes lectures and private couple exercises. Participants will NOT share their personal problems in front of others. Register at spdcl.org/register.

Alpha Class

Sunday mornings at 10:45–11:45 a.m.

Sept. 28–Nov. 9 *Register at spdcl.org/register*

Alpha is a series of group conversations exploring the basics of the Christian faith. Everyone is welcome.

- Connect with new people
- Watch a video about a question of faith
- Share your thoughts & hear from others

Pathfinders—Walking Together in Your 20s and 30s

Pathfinders is a group of young adults experiencing the transitional 3rd and 4th decades of life. We worship, serve and enjoy fellowship together.

Sept. 11 Utepils Brewing
Sept. 25 Pig Ate My Pizza & Nouvelle Brewing

Men's Bible Study—Beginning Sept. 3 **Wednesday mornings at 6:30–7:30 a.m.**

The Wednesday Morning Men's Bible Study & Fellowship will be studying the book *Mere Christianity* by C.S. Lewis. It's open to men of all ages. Meets in the Fireside Room, middle level. If you have questions, contact Ed Wasz, at 763-218-5351 or edwin.wasz@gmail.com.

Wed. Morning Bible Study—Beginning Sept. 3 **Wednesday mornings at 9:30 a.m.**

This Bible Study is led by Joel Malmberg. The class meets in the Fireside Room. Contact Joel Malmberg at 612-360-7358 with questions.

The Conversation

Tuesday, Sept. 9 at 1 p.m.

Whether you're retired, semi-retired, or just have the afternoon off, please join us for this concert. We will plan to meet in the Sanctuary. We will welcome the Synod Senior Band, a 70-member band under the direction of Nick VanDuzee. All are welcome to this free concert.

Holy Grounds

Monday mornings at 9:45–10:45 a.m.

Beginning on Sept. 15

This class will be very practical and hands-on as participants experience a time for slowing down, devotional prayer and study, a new daily practice, and faithful conversation. It all begins with coffee and fellowship. Childcare available upon request. Registration is not required. For more information contact Amanda Berger at aberger@spdlc.org.

Spiritual Growth Workshop

Saturday, Sept. 20 at 9:30–11:30 a.m.

Workshop based on a book about spiritual formation—no need to read the book ahead. This workshop will be based on *Open and Unafraid: The Psalms as a Guide to Life*.

The Book of Psalms has, for millennia, invited the people of God into a deeper, richer expression of our emotional life through prayer. W. David O. Taylor's book will form the framework for this workshop as we explore the personal and communal role that the psalms play in our worship and prayer life.

A Day Away for Moms with Young Children

Saturday, Nov. 8, 9:30 a.m.–4 p.m.

This women's retreat will be held at The Blessing House in Victoria and is designed for moms with young children. We will explore some of the rewards and challenges of this season of your life, and what it looks like to build community to support and encourage each other. The cost is \$40, which includes a continental breakfast, lunch and retreat materials. Transportation is on your own. Questions? Contact Kathy Hagedorn at khagedorn@spdlc.org. Registration opens Sept. 3 at spdlc.org/register.

6th Grade Confirmation and Parent Orientation **Wednesday, Sept. 10 at 6:30 p.m.**

6th grade students and their parents are encouraged to attend a Confirmation Orientation session. The meeting will be approximately an hour, will provide an overview of the program and curriculum, the calendar and expectations. Questions, contact Charlie Olson at colson@spdlc.org.

Simply Serve Opportunities

Thursday, Sept. 18 at 4:30 p.m.

Food insecurity is on the rise so here's one way you can help—Interfaith Outreach needs Food Shelf Shopper Assistants. You will receive training and work with the clients at the pantry at IOCP. The link at spdlc.org/register will take you directly to the IOCP registration system where you can view details and choose the date/time to serve with the SPD group. If you have any questions about serving with IOCP and their registration system, please contact Renee Putnam at serve@spdlc.org.

The Six Needs of Mourning

Tuesdays, Sept. 30, Oct 7, 14, 21 and 28

6:30–7:30 p.m.

Register at spdlc.org/register

The death of someone loved changes our lives forever. How can we journey through the grief we feel inside in a healing and meaningful way? The journey requires mourning—expressing our thoughts and feelings in a variety of ways. Dr. Alan Wolfelt identifies six basic human needs around mourning, which we will explore together. These sessions are more about learning and less about support, but we will be tender with each other's experience of loss. Led by Pastor Valerie Strand Patterson, vstrand@spdlc.org or 763-475-7126.

Encounter: Southern Minnesota Church Tour

Wednesday, Oct. 8 from 8:30 a.m.–4:15 p.m.

Join us as we visit several churches in Southern Minnesota to see learn about their varied history, traditions and architectural style. Our tour will include a visit to churches in the Welch and Reg Wing area. The cost of the tour is \$55 per person, and includes lunch. Register at spdlc.org/register. If you have questions, contact Cindy Carlson at ccarlson@spdlc.org.

Habitat for Humanity—Extended Build

Oct. 21, 22, and 23

This summer several of our build dates were cancelled due to weather and poor air quality. We were able to schedule additional dates at the same location for later this fall.

Dates: Oct. 21, 22 and 23

Time: 8:30 a.m. to 3:30 p.m.

8:30 a.m. to 2:30 p.m. (Wed)

Location: 9034 Park Ave S., Bloomington

Build Type: New Build, Single-family home

Please sign up for your volunteer day and complete our online waiver at: tchabitat.volunteerhub.com. Questions? Contact Pastor Mark Schmid at 763-475-7127 or mschmid@spdlc.org

CHILDREN'S MINISTRY

Sunday Friends is a ministry designed to teach our friends with special needs about the love of God geared to each specific child. Do you know someone who might benefit from joining our Sunday Friends program? Offered on Sundays, 9:30 a.m. Contact Kathy Hagedorn khagedorn@spdlc.org or 763-475-7138 for more information.

Serve in Sunday School by guiding a child on their faith journey. Help lead a small group to expand their learning about God's love under with the guidance of Kathy Hagedorn, Early Childhood/Children's Ministry or Norah Long, Elementary Sunday School. If you have questions? Contact Kathy at khagedorn@spdlc.org or Norah Long at nlong@spdlc.org

HANDBELL MUSIC

SPD Ringers—Handbell Choir

We are in need of bass handbell players for permanent positions in the handbell choir. We are also in need of substitutes for rehearsals and some Sundays. We rehearse on Tuesday at 7 p.m. and play about once per month at Sunday services. All inquiries are welcome. Please contact JoBeth Ranfranz at 612-859-0423 or jranfranz@spdlc.org.

Children's Hand Chimes Choir

Do you have a young person in your life interested in ringing hand chimes? We are gathering information on whether there would be enough young people to start a choir. Ability to read music is a plus, but not necessary. Please contact JoBeth Ranfranz at jranfranz@spdlc.org or 612-859-0423.

YOGA OPPORTUNITIES

Embodied Prayer: Yoga @ SPD

Thursdays at 9 a.m. in the CFL

For more information, contact Amanda Berger at aberger@spdlc.org, or by phone at 763-475-7139.

Chair Yoga

Mondays and Thursdays

11:30 a.m.–12:15 p.m.

We meet in the CFL. Enter at Door E on the east side.

Chair Yoga is a program for folks with limited flexibility or anyone who needs to take it easy on their joints. Payment is by free will donation. Wear comfortable clothing and bring a water bottle. Questions: contact Kathy Hagedorn at 763-475-7138.

Chair Yoga Autumn Retreat

Thursday, Oct. 23 at 9 a.m.–3 p.m.

University of Minnesota Arboretum

You are invited to join us for a Chair Yoga Autumn Retreat with a focus on "Grace." For more information, Contact: Kathy Hagedorn at khagedorn@spdlc.org or 763-475-7138.

SERVING AT SPD

Interfaith Outreach Food Pantry / Resale Select

The food shelf is a valuable resource to families in our local community. Hunger in the suburbs is not always visible, but it is no less real. The Interfaith Outreach Food Shelf serves over 250 households per week and 44% of the people served are children. The food shelf is a safety net and supplemental resource for families and seniors who live on low and fixed incomes. The full list of food shelf donation needs can be found at iocp.org/outreach-services/food-shelf, or [pick up a Shopping List reminder slip at the hospitality desk](#).

The Resale Select store is accepting new and gently used fall clothing and shoes to help families who are looking for school attire for their children—teens and adults, too!

Simply Serve Opportunities

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Food insecurity is on the rise so here's one way you can help—Interfaith Outreach needs Food Shelf Shopper Assistants. You will receive training and work with the clients at the pantry at Interfaith Outreach. You can register directly at the [Interfaith Outreach volunteer website](#), where you can view details and choose the date/time to serve with the SPD group. If you have any questions about serving with IOCP and their registration system, please contact Renee Putnam at serve@spdlc.org

Share your Garden Produce with the Food Pantry

If you have an abundance of fresh garden produce please remember the Interfaith Outreach Food Shelf. Produce should be cleaned prior to drop-off and packed in bags or boxes. The Interfaith Outreach Food Shelf is located on Hwy. 101 and County Road 6, and is open Monday, Wednesday and Friday, 9 a.m.–5 p.m. **Fresh garden produce is greatly appreciated!**

Free Bikes 4 Kidz Drop Off at SPD

Saturday, Oct. 4, 9 a.m.–1 p.m.

Free Bikes 4 Kidz MN is a non-profit organization geared toward helping all kids ride into a happier, healthier childhood by providing bikes to those most in need. The public donates gently used bikes, FB4K organizes thousands of volunteers to clean and refurbish them, and then gives them away to kids in need. For more information, check out FB4Kmn.org.

Fun Project for Crocheters

Be a part of the Blizzard of Love 2025! We will be making crocheted snowflakes for our homebound and others for this winter. If you are interested in sharing your talents by crocheting snowflakes, pattern and thread kits are now available in the church office to pick up. For questions contact Susan Path, Parish Nurse at spath@spdlc.org.

Connect @ SPD

Help us keep our contact information up to date.

Please let us know using our [online Update Contact Information form at spdlc.org/contact](https://spdlc.org/contact), or you may contact our membership coordinator, Nancy Bixby, with any changes at 763-475-7166 or nbixby@spdlc.org.

SPD Hub

This summer we have been transitioning to a new system for our church calendar and registrations. At spdlc.org/hub, you are able to:

- **View the SPD Calendar:** See all upcoming events, services, and activities in one easy-to-navigate calendar.
- **Register for Events:** Easily register for classes, retreats and more!
- **Find a Group:** Discover and join small groups that align with your interests.
- **Update Your Info:** Update your address, phone and email along with other information in your personal profile.
- **You also have the option to download an app to your phone, making all of this available at your fingertips.** To download the app, look for "Church Center" on your iPhone or Android app store.

Prayer Requests

You can make a prayer request online by visiting our information request form at spdlc.org/contact. All requests will be held in prayer and kept in confidence. If you would like a pastor to call you, please include your contact information.

Altar Flowers

You are invited to sponsor altar flowers throughout the year (except during Lent) to beautify our sanctuary for worship. Cost is \$75 per bouquet. Your commemoration (for instance, to celebrate an occasion or remember a loved one) will be shared in the worship folder and on the livestream slideshow before worship at 9:30 a.m. [Sign up online to sponsor flowers](#), or call the church.

Baptism at SPD

We welcome baptisms of infants, older children and adults at St. Philip the Deacon. This sacrament is gladly offered regardless of membership status at SPD.

In preparation of a baptism, we have created a baptism video at spdlc.org/life-events. To schedule a baptism, please complete our [Baptism Information Form](#), which is available online at spdlc.org/life-events. If you have questions, please contact Nancy Bixby at nbixby@spdlc.org, or 763-475-7166.

Growing Families

Have you recently found out you are expecting? Or are you adopting a child into your family? At St. Philip the Deacon, we want to support you and your family as it grows and develops. Let us know your big news! [Get in touch with us online](#) or Contact: Kathy Hagedorn, Early Childhood and Children's Ministry at khagedorn@spdlc.org or 763-475-7138.

CARE AND SUPPORT PROGRAMS

Alcoholics Anonymous (AA)

Tuesday evening at 6:30 p.m.

There is an AA chapter that meets at St. Philip the Deacon in the CFL on Tuesday evenings. Park in the lower level parking lot, and use Door E. For questions, contact Matt Geurink at mdgeurink@yahoo.com.

Caregivers Support Group

Wednesday afternoons at 1 p.m.

This is a weekly meeting of people who are currently the primary caregiver for another adult. In many cases, members are spouses or adult children of someone who is living with dementia or other long-term illness, though the group is not specifically aimed at any single care scenario. Members gather to take a break from their setting, share ideas and support one another. Contact Susan Path, Parish Nurse, for more information: spath@spdlc.org or 763-475-7168.

Thrive: Cancer Support Group

1st and 3rd Tuesday afternoons at 1 p.m.

Thrive is a support group for those who have been diagnosed with cancer. We will be addressing our fears and journey for hope. You will find support, emotionally and spiritually, in a confidential environment. The group meets the 1st and 3rd Tuesday of each month from 1–2 p.m. Contact Susan Path, Parish Nurse spath@spdlc.org or 763-475-7168 with questions or zoom link.

Sanctuary of Survivors (SOS)

1st and 3rd Thursday evenings at 7 p.m.

Sanctuary of Survivors is a faith-based support group for those who have lost a loved one by suicide. All emotions, all questions will be heard and honored by this group. All are welcome, wherever you are on your faith journey, including questioning or having a crisis of faith. Please contact Pastor Valerie Strand Patterson at vstrand@spdlc.org for information on how to join the group, including on Zoom.

Mental Health Connect

If you need help finding appropriate mental health care, there are resources available to help at Mental Health Connect. www.mhconnect.org. Call or text 612-642-1220.

West Suburban Grief Coalition

Thursdays, 4–6 p.m.

The West Suburban Grief Coalition is an extension of 15 area churches to help provide caring support and education for persons who are grieving the death of a loved one.

This fall the West Suburban Grief Coalition meetings will be held at St. Philip the Deacon Lutheran Church.

All individuals are welcome, and no registration is needed. There is a brochure with more information available at the hospitality desk. For more information about Grief Coalition, contact Harley Feldman at harleyfeldman@gmail.com.