

SPD New Member Orientation

Monday, Aug. 18 at 6:30 p.m.

If you are interested in membership at St. Philip the Deacon, you are invited to attend this informational class to learn more about this faith community, our mission and ministry. Childcare is available during the class. We will plan to receive new members on Sunday, Aug. 24 at the 9:30 a.m. service. You may register online at spdcl.org/register or by contacting Cindy Carlson at c Carlson@spdcl.org.

SPD Hub

This summer we are transitioning to a new system for our church calendar and registrations. At spdcl.org/hub, you will be able to:

- **View the SPD Calendar:** See all upcoming events, services, and activities in one easy-to-navigate calendar.
- **Register for Events:** Easily register for classes, retreats and more!
- **Find a Group:** Discover and join small groups that align with your interests.
- **Update Your Info:** Update your address, phone and email along with other information in your personal profile.
- **You also have the option to download an app to your phone, making all of this available at your fingertips.** To download the app, look for "Church Center" on your iPhone or Android app store.

Join a Choir!—Children and Adults

Did you know that St. Philip the Deacon has four choral ensembles that sing during worship services throughout the program year? Adults and children as young as Kindergarten are welcome to sing in choir—regardless of experience! Registration for all choirs may be found at spdcl.org/register.

Beginning Sept. 3

Sanctuary Choir (adults)

Wednesdays at 7–8:30 p.m.

*Choir Kick-off dinner is Sept. 4 at 6 p.m.

Beginning on Sept. 9

Dynamic Deacons (K–2nd grade)

Tuesdays at 5–5:30 p.m.

Chancel Choir (3rd–5th grade)

Tuesdays at 5:35–6:05 p.m.

Beginning Sept. 10

SPD Singers (6th–12th grade)

Wednesdays at 5:15–5:55 p.m.

The Conversation

Tuesday, Aug. 12 at 11:45 a.m.

"The Conversation" provides members of the congregation with an opportunity for community, care and connection.

Please note the early time this month—Pastor Mark will be grilling for lunch. Nancy Bixby will also join us to provide information about the new **SPD Hub**. We meet in Fellowship Hall; please use the west parking lot and Door A. No registration needed.

Walking with Benedict

Aug. 19 at 6:30 p.m.

Join Amanda Berger in reading through the Rule of St. Benedict. The Rule of St. Benedict is over 1500 years old, still providing a framework for people who are seeking to balance their faith practices and the way they show up in the world. Purchase your own copy of *The Rule of Benedict: A Spirituality for the 21st Century*, by Joan Chittister. Questions? Contact Amanda Berger at aberger@spdcl.org.

Kids Camping with Trish

Tuesday, Aug. 19–Wednesday, Aug. 20

Baker Park, Maple Plain, MN

Kids who have completed grades 2–5

Gather at Baker Park in Maple Plain for a fantastic overnight of fun in God's great outdoors! We will cook over the fire, pitch tents, bike the 6-mile loop, swim in the lake, play some games, explore nature, have a Bible lesson, and make new friends. Register at SPD Hub. Deadline to register is Aug. 12.

Family Wednesday Night Light

Wednesday, Aug. 20

5:30–7 p.m.

Gather outside around the campfire for food, fellowship and fun in the church backyard. There will be games and activities for the whole family, ending with a vesper service at 6:30 p.m. All are welcome, no registration needed.

Prayer Shawl Guild Monthly Gatherings

4th Thursdays at 1 p.m. Next Meeting: **Aug. 28**

The Prayer Shawl Guild will meet monthly at SPD. All knitters and crocheters are welcome to join this time of community, creativity and support. To learn more, contact Susan Path at spath@spdcl.org.

Children, Youth and Family Ministries

Fall Registration

Many of our fall programs and classes, such as Sunday School and Confirmation, are opening up for registration starting Aug. 1. Check out our registration page at spdlc.org/register.

- **Childcare Center**
Childcare is available during the Sunday morning worship services (8:15, 9:30 and 10:45 a.m.)
Children 6 weeks–2+ years old
- **Sunday School and Sunday Friends**
Sundays at 9:30 and 10:45 a.m.
- **Verse 5** (5th graders—two monthly program
Wednesdays, 6–7:30 p.m.)
- **Confirmation** (6–8th grade, 9th grade)
Wednesdays, 6:30–7:30 p.m.
- **Koin** (9th–12th grade) Wednesdays, 7:30 p.m.
- **Children's and Youth Choirs** (see page one)

3-Year-Old Open House & Beginner's Bible

Wednesday, Sept. 3 from 4:30–6 p.m.

Three-year-olds and their parents are invited to an Open House in Room 101 on the lower level to receive their very own Bible! Join us for a special sharing time to learn more about your Bible and personalize it for your use. Questions? Contact Kathy Hagedorn at khagedorn@spdlc.org or 763-475-7138.

Opportunities to serve in Children's Ministry

Sunday School 2025–2026

The program year will kick off on Sunday, Sept. 7 during the 9:30 and 10:45 a.m. worship services. We are currently looking for adult and high school leaders to create community with our children. We provide a Christian learning environment to the children through large group, small group, music, and a host of other methods. Materials, background information, and lessons are provided. Share your gifts, talents, and faith with our children! For more information contact Kathy Hagedorn at khagedorn@spdlc.org (Preschool & Kindergarten) or Norah Long at nlong@spdlc.org (Elementary 1st–4th grade).

Sunday School Buddy

St. Philip the Deacon Lutheran Church Children's Ministry offers a buddy system to children with individual special needs to introduce them to the love of Jesus and make God's word come alive. Children are connected with a buddy who will build a relationship and assist them with learning opportunities within large, small or individual settings. For more information about being a buddy, please contact Kathy Hagedorn at 763-475-7138 or khagedorn@spdlc.org.

The Seven Principles for Making Marriage Work Saturday, Sept. 27, 9 a.m.–3:30 p.m.

The Seven Principles Couples Program is a one day workshop. It is a marriage enrichment and pre-marital prep workshop for couples based on the scientific research published in the book *The Seven Principles for Making Marriage Work* by Dr. John Gottman, with Nan Silver. No need to read the book before attending.

Couples will learn proven tools to help:

- Improve friendship, fondness, and admiration
- Enhance romance and intimacy
- Manage conflict constructively
- Gain skills to address perpetual and solvable problems
- Create shared meaning
- Maintain gains throughout a lifetime

Seven Principles Couples Program format includes lectures and private couple exercises. Participants will NOT share their personal problems in front of others. Register at spdlc.org/register.

Men's Bible Study

Wednesday mornings at 6:30–7:30 a.m.

Beginning Sept. 3

The Wednesday Morning Men's Bible Study & Fellowship will be studying the book *Mere Christianity* by C.S. Lewis. It's open to men of all ages. Meets in the Fireside Room, middle level. If you have questions, contact Ed Wasz, at 763-218-5351 or edwin.wasz@gmail.com.

Wednesday Morning Bible Study

Wednesday mornings at 9:30 a.m.

Beginning Sept. 3

This Bible Study led by Joel Malmberg. The class meets in the Fireside Room. Contact Joel Malmberg at 612-360-7358 with questions.

YOGA OPPORTUNITIES

Embodied Prayer: Yoga @ SPD

Thursdays at 9 a.m. in the CFL

For more information, contact Amanda Berger at aberger@spdlc.org, or by phone at 763-475-7139.

Chair Yoga

Mondays and Thursdays

11:30 a.m.–12:15 p.m.

We meet in the CFL. Enter at Door E on the east side.

Chair Yoga is a program for folks with limited flexibility or anyone who needs to take it easy on their joints. Payment is by free will donation. Wear comfortable clothing and bring a water bottle. Questions: contact Kathy Hagedorn at 763-475-7138.

SERVING AT SPD

Interfaith Outreach Food Pantry Needs

The food shelf is a valuable resource to families in our local community. Hunger in the suburbs is not always visible, but it is no less real. The Interfaith Outreach Food Shelf serves over 250 households per week and 44% of the people served are children. The food shelf is a safety net and supplemental resource for families and seniors who live on low and fixed incomes. The full list of food shelf donation needs can be found at iocp.org/outreach-services/food-shelf, or [pick up a Shopping List reminder slip at the hospitality desk](#).

Share your Garden Produce with the Food Pantry

If you have an abundance of fresh garden produce please remember the Interfaith Outreach Food Shelf. Produce should be cleaned prior to drop-off and packed in bags or boxes.

The Interfaith Outreach Food Shelf is located on Hwy. 101 and County Road 6, and is open Monday, Wednesday and Friday, 9 a.m.–5 p.m. **Fresh garden produce is greatly appreciated!**

Funeral Reception Team

Please consider how you might help with this tremendously supportive ministry. The ways to help include: baking cookies or bars, or helping with either the set-up or serving of the reception. There are options to help during the week, as well as weekends. Contact Cindy Carlson at ccarlson@spdlc.org or 763-475-7115, if you would like to be **added to the on-call list** to help with funeral receptions.

Collecting Used Eyeglasses

Do you have pairs of old prescription eyeglasses that you no longer use? We are a collection site for used glasses! You can bring them to the church office entrance, Door B. You'll find a collection bucket on the coat rack inside the door. They will be recycled by the Lions Club International. Your old eyeglasses can help bring clear vision to adults and children who cannot afford vision care, at home and abroad. Give the gift of clear eyesight and recycle your old pair of glasses. They will be happy to receive used hearing aids, too!

Free Bikes 4 Kidz Drop Off at SPD

Saturday, Oct. 4, 9 a.m.–1 p.m.

Mark your calendar! St. Philip the Deacon will be a **drop site** for *Free Bikes 4 Kidz*!

Free Bikes 4 Kidz MN is a non-profit organization geared toward helping all kids ride into a happier, healthier childhood by providing bikes to those most in need. The public donates gently used bikes, FB4K organizes thousands of volunteers to clean and refurbish them, and then gives them away to kids in need. For more information, check out FB4Kmn.org.

Fun Project for Crocheters

Be a part of the Blizzard of Love 2025! We will be making crocheted snowflakes for our homebound and others for this winter. If you are interested in sharing your talents by crocheting snowflakes, pattern and thread kits are now available in the church office to pick up. For questions contact Susan Path, Parish Nurse at spath@spdlc.org.

Socks and Underwear Donations

We will be collecting the following items for the clients of IOCP through Aug. 10. There will be a donation box in Fellowship Hall. With the beginning of a new school year, these donations will help children get off to a good start.

All items need to be NEW!

Underwear for children (kids sizes toddler and up)
Socks—all sizes and varieties
Sports bras
Underwear and bras (women's and teen sizes)

Back to School Supplies

Each year just before school begins, both Interfaith Outreach (in the local community) and Messiah Lutheran, in the Phillips neighborhood distribute school supplies to children in need. You are invited to help by donating school supplies.

Messiah Lutheran—Phillips neighborhood

Backpacks (heavy duty—solid colors)
Loose-leaf paper and spiral notebooks
Composition notebooks
Washable Markers
Crayons and colored pencils
Pocket folders
Scientific Calculators
Highlighters
3-ring binders
Watercolors
Glue Sticks
Ball Point Pens
Dry erase markers
Disinfectant Wipes
Scissors (blunt and/or regular)
Tissue Boxes (full-size)
#2 Pencils and Erasers

Please drop off school supplies for the students in Fellowship Hall by **Sunday, Aug. 10**.

Simply Serve Opportunities

Wednesday, Aug. 13 at 8:30 a.m.

Thursday, Aug. 21 at 4:30 p.m.

Food insecurity is on the rise so here's one way you can help—Interfaith Outreach needs Food Shelf Shopper Assistants. You will receive training and work with the clients at the pantry at IOCP. The link at spdlc.org/register will take you directly to the IOCP registration system where you can view details and choose the date/time to serve with the SPD group. If you have any questions about serving with IOCP and their registration system, please contact Renee Putnam at serve@spdlc.org.

Connect @ SPD

Help us keep our contact information up to date.

Please let us know using our [online Update Contact Information form at spdlc.org/contact](https://spdlc.org/contact), or you may contact our membership coordinator, Nancy Bixby, with any changes at 763-475-7166 or nbixby@spdlc.org.

Prayer Requests

You can make a prayer request online by visiting our information request form at spdlc.org/contact. All requests will be held in prayer and kept in confidence. If you would like a pastor to call you, please include your contact information.

Altar Flowers

You are invited to sponsor altar flowers throughout the year (except during Lent) to beautify our sanctuary for worship. Cost is \$75 per bouquet. Your commemoration (for instance, to celebrate an occasion or remember a loved one) will be shared in the worship folder and on the livestream slideshow before worship at 9:30 a.m. [Sign up online to sponsor flowers](#), or call the church.

Growing Families

Have you recently found out you are expecting? Or are you adopting a child into your family? At St. Philip the Deacon, we want to support you and your family as it grows and develops. Let us know your big news! [Get in touch with us online](#) or Contact: Kathy Hagedorn, Early Childhood and Children's Ministry at khagedorn@spdlc.org or 763-475-7138.

Baptism at SPD

We welcome baptisms of infants, older children and adults at St. Philip the Deacon. This sacrament is gladly offered regardless of membership status at SPD.

In preparation of a baptism, we have created a baptism video at spdlc.org/life-events. To schedule a baptism, please complete our [Baptism Information Form](#), which is available online at spdlc.org/life-events. If you have questions, please contact Nancy Bixby at nbixby@spdlc.org, or 763-475-7166.

Childcare Center

Registration is open for children who are 6 weeks old through 3-years-old to join our childcare center. Childcare is available at all Sunday morning worship services. Trained staff are available to assist with your child(ren). Register at spdlc.org/register.

CARE AND SUPPORT PROGRAMS

Alcoholics Anonymous (AA)

Tuesday evening at 6:30 p.m.

There is an AA chapter that meets at St. Philip the Deacon in the CFL on Tuesday evenings. Park in the lower level parking lot, and use Door E. For questions, contact Matt Geurink at mdgeurink@yahoo.com.

Caregivers Support Group

Wednesday afternoons at 1 p.m.

This is a weekly meeting of people who are currently the primary caregiver for another adult. In many cases, members are spouses or adult children of someone who is living with dementia or other long-term illness, though the group is not specifically aimed at any single care scenario. Members gather to take a break from their setting, share ideas and support one another. Contact Susan Path, Parish Nurse, for more information: spath@spdlc.org or 763-475-7168.

Thrive: Cancer Support Group

1st and 3rd Tuesday afternoons at 1 p.m.

Thrive is a support group for those who have been diagnosed with cancer. We will be addressing our fears and journey for hope. You will find support, emotionally and spiritually, in a confidential environment. The group meets the 1st and 3rd Tuesday of each month from 1–2 p.m. Contact Susan Path, Parish Nurse spath@spdlc.org or 763-475-7168 with questions or zoom link.

Sanctuary of Survivors (SOS)

1st and 3rd Thursday evenings at 7 p.m.

Sanctuary of Survivors is a faith-based support group for those who have lost a loved one by suicide. All emotions, all questions will be heard and honored by this group. All are welcome, wherever you are on your faith journey, including questioning or having a crisis of faith. Please contact Pastor Valerie Strand Patterson at vstrand@spdlc.org for information on how to join the group, including on Zoom.

Mental Health Connect

If you need help finding appropriate mental health care, there are resources available to help at Mental Health Connect. www.mhconnect.org. Call or text 612-642-1220.

West Suburban Grief Coalition

Thursdays, 4–6 p.m.

The West Suburban Grief Coalition is an extension of 15 area churches to help provide caring support and education for persons who are grieving the death of a loved one.

*This summer the West Suburban Grief Coalition is meeting at St. Bartholomew Catholic Faith Community
630 E. Wayzata Blvd., Wayzata, MN 55391*

All individuals are welcome, and no registration is needed. There is a brochure with more information available at the hospitality desk. For more information about Grief Coalition, contact Harley Feldman at harleyfeldman@gmail.com.