

# Partners in the Gospel

#### **MUSIC AT SPD**

#### Summer: Beer & Hymns Monday, June 16 at 6:30 p.m. Luce Line Brewing

Join us for an evening of music and fellowship as we sing many of our favorite hymns! Everyone is welcome, whether you like to sing or just hum along. No reservations needed. Questions, contact Cindy Carlson at ccarlson@spdlc.org or 763-475-7115.

#### Children's Summer Music Camp Aug. 11–14 from 9 a.m. –12:30 p.m.

St. Philip the Deacon is kicking off a vocal music camp led by Celina Kobetitsch and Samuel Grace. Activities will include singing, games, musical guests and a field trip. The campers will help to lead worship on Sunday, Aug. 19.

# Summer Organ Concert Series Wednesdays in July

Mark your July calendar for SPD's next Summer Organ Concert Series. This year we will include a couple of evening concerts, for those who cannot attend a midday event. And bonus—we will have a performance by an organist from South Korea!

July 2 at 12:15 p.m. Natalie Mealey (Cleveland, OH)

July 9 at 12:15 p.m. Arang Park (Seoul, South Korea)

July 16 at 12:15 p.m. Isaac Drewes (Central Lutheran, MSP)

July 23 at 7 p.m. David Cherwien (Minneapolis)

July 31 at 7 p.m. Celina Kobetitsch (SPD)

#### **Habitat for Humanity Summer Build**

#### Monday, July 28-Friday, Aug. 1 Habitat for Humanity Summer Build

You are invited to join us as we use our gifts to make a difference in our community by participating in our 9<sup>th</sup> Annual Habitat for Humanity Summer Build.

Dates: Monday, July 28–Friday, Aug. 1

Time: 8:30 a.m. to 3:30 p.m.

8:30 a.m. to 2:30 p.m. (Wed)

Location: 9034 Park Ave S., Bloomington Build Type: New Build, Single-family home

Please sign up for your volunteer day and complete our online waiver at: <a href="mailto:tchabitat.volunteerhub.com">tchabitat.volunteerhub.com</a>. Questions? Contact Pastor Mark Schmid at 763-475-7127 or <a href="mailto:mschmid@spdlc.org">mschmid@spdlc.org</a>.

If you would like to help with crew lunches, please contact Renee at serve@spdlc.org.

#### Vacation Bible School (Kids ages 3 to 4th grade) June 9–12 from 8:45–11:30 a.m.

Kids from age 3 through 4th grade are invited to enjoy four days of adventure-filled learning! Our theme this year is "True North: Trusting Jesus in a Wild World." Each day will be filled with music, stories, experiments, learning, snacks, games, friends, laughter, and more! We will adventure through the "True North" thick forests, experience the stunning northern lights, and explore with curious woodland animals as we learn more about Jesus and his unending love for us! We will be both indoors and out. Cost is \$35 per student with a max of \$80 per family.

#### **Faithful Adventures with Flat Philip**

This summer, wherever you roam, bring Flat Philip with you on your faithful adventures, whether on vacation, to a game, or even somewhere as simple as your backyard! You can pick up a Flat Philip at the Hospitality Desk in the atrium. (You can also download a Flat Philip PDF and print him out to take with you.) Wherever you travel, take a moment to engage in a simple spiritual practice such as a prayer or reading a Bible passage; then snap a photo with your Flat Philip. Email your photo to social@spdlc.org so we can share it on SPD social media.

#### Family Wednesday Night Light June 11, 25, July 9, 23 and Aug. 20 5:30–7 p.m.

Gather outside around the campfire for food, fellowship and fun in the church backyard. There will be games and activities for the whole family, ending with a vesper service at 6:30 p.m. All are welcome, no registration needed.

# Six Needs of Mourning Wednesdays, June 11–July 9 from 2–3 p.m.

The death of someone we love changes our lives forever. How can we journey through the grief we feel inside in a healing and meaningful way? The journey requires mourning— expressing our thoughts and feelings in a variety of ways. Dr. Alan Wolfelt identifies six basic human needs around mourning, which we will explore together. In our meetings we will also be very tender with each other's experience of loss. All are welcome. Please sign up at spdlc.org/register. For more information, contact Pastor Valerie Strand Patterson at <a href="mailto:vstrand@spdlc.org">vstrand@spdlc.org</a> or 763-475-7126.

#### **REGISTER FOR SUMMER PROGRAMS**

Check out our schedule of summer events and programs for all ages! You'll find plenty to keep you engaged with the St. Philip the Deacon faith community this summer. Visit our website to learn more. Register for summer events and activities at spdlc.org/register!

# The Conversation Tuesday, June 11 at 1 p.m.

"The Conversation" provides members of the congregation with an opportunity for community, care and connection. Join us for coffee and conversation. We meet in Fellowship Hall; please use the west parking lot and Door A. No registration needed. Mary Steinbicker and Carolyn Ore will be our guest speakers. They will share information about Hennepin County libraries and ideas for summer reading.

# Midsummer Lawn Bowling Wednesday, June 25 at 6:30 p.m.

This event is for all adults, singles and couples. We will meet at Brookview Golf Course in Golden Valley (Hwy 169 and 394). Questions, contact Cindy Carlson at <a href="mailto:ccarlson@spdlc.org">ccarlson@spdlc.org</a>. The cost is \$10 per person, register at spdlc.org/register.

# Sacred Sites Tour—Healing Minnesota Stories Thursday, July 17, 9 a.m.-3 p.m.

The Sacred Sites Tour offers an opportunity to learn about Minnesota history from a Native perspective through story-telling and experiencing the sites in silence / meditation / reflection. We will visit sites located around confluence of the Mississippi and Minnesota rivers, what the Dakota refer to as Bdote, or "meeting place of rivers," including; Fort Snelling State Park, Dakota Internment Camp following The Dakota-U.S. War and Pilot Knob Hill, a traditional burial ground. The tour will be led by Jim Bear Jacobs, a member of the Stockbridge-Munsee Mohican Nation, an American Indian tribe located in central Wisconsin. Cost is \$65 per person, register at spdlc.org/register. Questions, contact Jen Galley at jgalley@spdlc.org or Amanda Berger at aberger@spdlc.org.

#### **Summer Fishing Retreat**

#### June 26-29. Register online—1 Spot opened up!

Join SPD Outdoors for a time of faith, fellowship, fun, and fishing at the 11th Annual Summer Fishing Retreat on Lake of the Woods. Lake of the Woods is one of the finest fisheries in the United States and one of the most scenic lakes in Minnesota. Located at the far northern border of the state (5 ½ hours).

#### Minnesota Twins vs. Boston Red Sox Monday, July 28, Bus departs SPD at 5:15 p.m.

Join us to watch the Minnesota Twins take on the Boston Red Sox at Target Field. Our seats are in the Legends Landing. The cost is \$55 per person, for your game ticket, all-inclusive ballpark fare (in the Legends Landing—which includes hotdogs, burgers, chicken tenders, popcorn, chips, soda, water, juice, and milk) and transportation. Register at spdlc.org/register.

#### **Kids Adventure Week**

Register at spdlc.org/register

We're excited for Kids Adventure Weeks! At each gathering, we will have a jam-packed list of activities evolving around a daily theme. Get set for crazy adventures, fun memories, friends made, and a better understanding of God's presence in our lives!

#### WEEK ONE—July 14-17, 8:30 a.m.-3:30 p.m.

For kids who have completed grades 2–5

Featuring: I Spy Day, Backyard Fun, Use Your Hands Day, Around the World Day

#### WEEK TWO—July 28-31, 8:30 a.m.-3:30 p.m.

For kids who have completed grades K–5 Featuring: At the Beach Day, Superhero Day, Marvelous Minnesota, Discovering God's Creatures

#### Walking with Benedict June 17, July 15 and Aug. 19 at 6:30 p.m.

Join Amanda Berger in reading through the Rule of St. Benedict. The Rule of St. Benedict is over 1500 years old, still providing a framework for people who are seeking to balance their faith practices and the way they show up in the world. Purchase your own copy of *The Rule of Benedict: A Spirituality for* 

Purchase your own copy of *The Rule of Benedict: A Spirituality for the 21st Century,* by Joan Chittister. Questions? Contact Amanda Berger at <u>aberger@spdlc.org</u>.

June 17—God is in the Details July 15—Relationships Aug. 19—Begin Again

#### **YOGA OPPORTUNITIES**

#### **Embodied Prayer: Yoga @ SPD**

For more information, contact Amanda Berger at <u>aberger@spdlc.org</u>, or by phone at 763-475-7139.

#### YogaFaith Vinyasa

Tuesdays at 6:30 p.m. on Zoom

Meeting ID: 190 431 409, Passcode: Downdog

Thursday at 9 a.m. in the CFL

# Chair Yoga—will resume on June 16 Mondays and Thursdays 11:30 a.m.–12:15 p.m.

We meet in the CFL. Enter at Door E on the east side. Chair Yoga is a program for folks with limited flexibility or anyone who needs to take it easy on their joints. Payment is by free will donation. Wear comfortable clothing and bring a water bottle. Questions about chair yoga, contact Kathy Hagedorn at 763-475-7138.

#### Yoga Summer Mini Retreat Thursday, June 26 at 6:30–9 p.m.

Amanda Berger will be leading an evening mini retreat, as we create space for connection to our bodies, to God and to one another. Celebrating the summer solstice and the International Day of Yoga, this is an opportunity to worship in the light of the Son. There will be time for yoga practice, scripture and prayer, as well as connection with others. Register by June 23, 2025 at spdlc.org/register.

#### Connect @ SPD

#### Help us keep our contact information up to date.

Please let us know using our <u>online Update Contact</u> <u>Information form at spdlc.org/contact</u>, or you may contact our membership coordinator, Nancy Bixby, with any changes at 763-475-7166 or <u>nbixby@spdlc.org</u>.

#### **Prayer Requests**

You can make a prayer request online by visiting our information request form at <u>spdlc.org/contact</u>. All requests will be held in prayer and kept in confidence. If you would like a pastor to call you, please include your contact information.

#### **Altar Flowers**

You are invited to sponsor altar flowers throughout the year (except during Lent) to beautify our sanctuary for worship. Cost is \$75 per bouquet. Your commemoration (for instance, to celebrate an occasion or remember a loved one) will be shared in the worship folder and on the livestream slideshow before worship at 9:30 a.m. Sign up online to sponsor flowers, or call the church.

#### **Childcare Center (offered year-round)**

Childcare is available during the Sunday morning worship services (8:15, 9:30 and 10:45 a.m.)
Children 6 weeks-2+ years old

#### **Baptism at SPD**

We welcome baptisms of infants, older children and adults at St. Philip the Deacon. This sacrament is gladly offered regardless of membership status at SPD.

In preparation of a baptism, we have created a baptism video at spdlc.org/life events. To schedule a baptism, please complete our <u>Baptism Information Form</u>, which is available online at <u>spdlc.org/life-events</u>. If you have questions, please contact Nancy Bixby at <u>nbixby@spdlc.org</u>, or 763-475-7166.

#### **Growing Families**

Have you recently found out you are expecting? Or are you adopting a child into your family? At St. Philip the Deacon, we want to support you and your family as it grows and develops. Let us know your big news! Get in touch with us online or Contact: Kathy Hagedorn, Early Childhood and Children's Ministry at khagedorn@spdlc.org or 763-475-7138.

#### Interested in joining St. Philip the Deacon?

Our next new member class will be offered this summer. In the meantime, if you would like to learn more about this faith community and our mission and ministry, you are welcome to contact Pastor Tim Westermeyer at <a href="twestermeyer@spdlc.org">twestermeyer@spdlc.org</a> or Cindy Carlson at ccarlson@spdlc.org.

#### **Lutheran World Relief—Fabric Kits**

LWR Kits are specifically designed to help people coping with poverty, disaster, conflict and more. Sewing is a valuable skill that can help men and women earn reliable income. Lutheran World Relief Fabric Kits provide fabric and thread for vocational training programs teaching sewing and for newly trained tailors to launch their sewing business. LWR Fabric Kits are highly regarded throughout the world because of their quality and consistency.

On **Thursday**, **July 10 at 2 p.m.**, you are invited to help cut fabric and assemble the LWR Fabric Kits. (Please contact Pastor Valerie at <u>vstrand@spdlc.org</u> if you would like to do this.) In the meantime, we are collecting the following items:

- Spools of matching or neutral-colored, general purpose thread 250–300 yards each
- Cotton or cotton-blend fabric (no knits)
   Fabric should NOT have religious symbols, messages, US flags, patriotic or military symbols or camouflage.

Each piece should be *at least as large* as the following dimensions. We will cut the fabric to the appropriate size.

60" wide fabric 2.25 yards 44" wide fabric 3 yards 36" wide fabric 4 yards

We welcome financial support to assist with shipping of the LWR Kits. Checks may be made payable to SPD, with LWR Kits in the memo line, or <u>online at spdlc.org/egiving</u>, to the Angel Fund, noting LWR Kits.

#### **Plogging**

Saturday mornings at 8 a.m. Hilde Center—Meet near the Veterans' Memorial June 14, 21 and 28

What on earth is Plogging? The word *plogging* is a combination of *jogging* and the Swedish verb *plocka upp*, which means to "pick up." Now is your chance to be a part of the movement to intentionally exercise and pick up trash as a group! Please go to spdlc.org/register for more details or contact Renee Putnam at 763-475-7162 or <a href="mailto:rputnam@spdlc.org">rputnam@spdlc.org</a>.

# Prayer Shawl Guild Monthly Gatherings 4th Thursdays at 1 p.m. Next Meeting: June 26

The Prayer Shawl Guild will meet monthly at SPD. All knitters and crocheters are welcome to join this time of community, creativity and support. To learn more, contact Susan Path at <a href="mailto:spath@spdlc.org">spath@spdlc.org</a>.

#### **Communion Servers**

You may sign up either individually or as a pair for a particular date and service at <u>spdlc.org/register</u> under Worship Assistants. In addition, communion is served each week on Saturday evening and at the 10:45 a.m. services.

Sunday, June 15 Holy Trinity

#### **SERVING AT SPD**

#### **Interfaith Outreach**

The Interfaith Outreach food pantry is a valuable resource to families in our local community. Hunger in the suburbs is not always visible, but it is no less real. The Interfaith Outreach Food Shelf serves over 250 households per week and 44% of the people served are children. The food shelf is a safety net and supplemental resource for families and seniors who live on low and fixed incomes.

#### **Funeral Reception Team**

Would you like to help with this tremendously supportive ministry? You can bake cookies or bars, or help with either the set-up or serving of the reception. There are options to help during the week, as well as weekends. Contact Cindy Carlson at ccarlson@spdlc.org or 763-475-7115, if you would like to be **added to the on-call list** to help with funeral receptions.

#### **Bridging: Welcome Home Kits**

Bridging opened a new facility right here in Plymouth! They serve the community of people who are transitioning from homelessness into stable housing. To help welcome families to their new homes, St. Philip the Deacon will collect kitchen **NEW ITEMS** for Welcome Packs. Bring your donations to the table in Fellowship Hall (near the elevator) throughout the month of June. Questions, contact Renee Putnam at serve@spdlc.org.

### **WHAT GOES IN EACH BUNDLE?** All basic kitchen packs include:

- Can Opener
- Mixing Spoon—standard and/or slotted
- Spatula—rubber and/or slotted turner
- Kitchen/Utility Scissors or Pizza Cutter
- Dish Towel/Cloth
- Hot Pad/Oven Mitt
- Measuring Spoons/Cups

ADDITIONAL ITEMS TO CONSIDER: Ladle, Whisk, Vegetable Peeler, Tongs, handmade Welcome Home cards

#### **Gardening @ SPD**

#### **Flower Watering**

We need help watering flowers at church throughout the growing season. If you can help this spring and summer please contact Tom and Jackie Reinke at <a href="mailto:tomreinke@gmail.com">tomreinke@gmail.com</a> to schedule a time. Instructions are provided.

#### **SPD Gardening**

Would you like to tend to the gardens around our church building? We are hoping for a team of several people who will work together to keep them beautiful. Contact Pastor Valerie at <a href="mailto:vstrand@spdlc.org">vstrand@spdlc.org</a>.

#### CARE AND SUPPORT PROGRAMS

# Alcoholics Anonymous (AA) Tuesday evening at 6:30 p.m.

There is an AA chapter that meets at St. Philip the Deacon in the CFL on Tuesday evenings. Park in the lower level parking lot, and use Door E. For questions, contact Mike Conley at 612-619-6448.

# Caregivers Support Group Wednesday afternoons at 1 p.m.

This is a weekly meeting of people who are currently the primary caregiver for another adult. In many cases, members are spouses or adult children of someone who is living with dementia or other long-term illness, though the group is not specifically aimed at any single care scenario. Members gather to take a break from their setting, share ideas and support one another. Contact Susan Path, Parish Nurse, for more information: <a href="mailto:spath@spdlc.org">spath@spdlc.org</a> or 763-475-7168.

# Thrive: Cancer Support Group 1st and 3rd Tuesday afternoons at 1 p.m.

Thrive is a support group for those who have been diagnosed with cancer. We will be addressing our fears and journey for hope. You will find support, emotionally and spiritually, in a confidential environment. The group meets the 1st and 3rd Tuesday of each month from 1–2 p.m. Contact Susan Path, Parish Nurse <a href="mailto:spath@spdlc.org">spath@spdlc.org</a> or 763-475-7168 with questions or zoom link.

# Sanctuary of Survivors (SOS) 1st and 3rd Thursday evenings at 7 p.m.

Sanctuary of Survivors is a faith-based support group for those who have lost a loved one by suicide. All emotions, all questions will be heard and honored by this group. All are welcome, wherever you are on your faith journey, including questioning or having a crisis of faith. Please contact Pastor Valerie Strand Patterson at <a href="mailto:vstrand@spdlc.org">vstrand@spdlc.org</a> for information on how to join the group, including on Zoom.

#### **Mental Health Connect**

If you need help finding appropriate mental health care, there are resources available to help at Mental Health Connect. <a href="https://www.mhconnect.org">www.mhconnect.org</a>. Call or text 612-642-1220.

# West Suburban Grief Coalition Thursday afternoons, 4–6 p.m.

The West Suburban Grief Coalition is an extension of 15 area churches to help provide caring support and education for persons who are grieving the death of a loved one.

This summer the West Suburban Grief Coalition is meeting at St Bartholemew Catholic Faith Community 630 E. Wayzata Blvd., Wayzata, MN 55391

All individuals are welcome, and no registration is needed. There is a brochure with more information available at the hospitality desk. For more information about Grief Coalition, contact Harley Feldman at <a href="mailto:harleyfeldman@gmail.com">harleyfeldman@gmail.com</a>.