

Partners in the Gospel

Holy Week Worship Assistants

You are invited to sign up either individually or as a pair to serve communion at <u>spdlc.org/register</u> under Communion Server or contact Cindy Carlson at ccarlson@spdlc.org.

Saturday, April 19 (Communion and Candlelighters) Sunday, April 20 (Easter—at all services)

Children's Easter Egg Hunt Saturday, April 19 at 10 a.m.

Held outside at SPD, lower (east) parking lot. Families are invited to come and hear the Easter story before heading outside to gather hidden eggs! There is no cost for the event, but for planning purposes, we ask you to register online at spdlc.org/register by **April 17.** Questions, contact Trish Arndt at tarndt@spdlc.org. *Register at spdlc.org/register*

Easter Food Baskets

We hope to provide Easter Food Baskets and support the many Community Bridge* food programs in the Phillips neighborhood. \$50 is a suggested amount; however, a gift of any size is greatly appreciated. You may give a gift online, indicating Food Basket as the designated fund. Watch for more information about how to register to help with the food basket assembly and distribution. Give online at: spdlc.org/egiving.

We will be packing bags this week, and then, on **Saturday**, **April 19**, you are invited to help set up, pack bags, deliver groceries, and bake items, for Community Bridge's Easter food basket program. <u>Sign up here for a shift!</u> You can sign up even if you are only available for part of a shift.

*Community Bridge (CB) began as a partnership of Lutheran Social Service of MN (LSS) and Messiah Lutheran Church at the Center for Changing Lives (CFCL) to enhance hospitality and community outreach in the Phillips West Neighborhood.

Minnesota Twins vs. Cleveland Guardians Monday, May 19, Depart SPD at 5:15 p.m.

Join us to watch the Minnesota Twins take on the Cleveland Guardians at Target Field. Our seats are in the Legends Landing The cost is \$55 per person, for your game ticket, all-inclusive ballpark fare (in the Legends Landing—which includes hotdogs, burgers, chicken tenders, popcorn, chips, soda, water, juice, and milk.) and transportation. Registration deadline is May 4, 2025.

SPD New Member Orientation Monday, April 28 at 6:30 p.m.

If you are interested in membership at St. Philip the Deacon, you are invited to attend this informational class to learn more about this faith community, our mission and ministry. We will plan to receive new members on Sunday, May 4 at the 9:30 a.m. service. You may register online at spdlc.org/register or by contacting Cindy Carlson at ccarlson@spdlc.org.

A Day for Dads with Young Children Saturday, May 3, 9a.m.-4 p.m.

This men's retreat will be in the Center for Faith and Life here at SPD and is designed for dads with young children. We will explore some of the rewards and challenges of this season of your life, and what it looks like to build community to support and encourage each other. The cost is \$20, which includes a continental breakfast, lunch and retreat materials. Questions? Contact Pastor Makayla Dahleen mdahleen@spdlc.org or Pastor Mark Schmid mschmid@spdlc.org.

Women's Summer Circle—Informational Meeting Tuesday, May 20 at 9:30 a.m.

Have you thought about being part of a Women's Circle at SPD but find that you are either gone for much of the winter, or your schedule is particularly busy during the program year. We are launching a new circle, which will meet twice a month on Tuesday morning, from mid-May until early September. This will be an opportunity for fellowship and community, study, and service. Contact Cindy Carlson at ccarlson@spdlc.org.

MUSIC AT SPD

Herald Music Series: Cantus Vocal Ensemble Sunday, April 13 at 3 p.m.

Tickets available at cantussings.org or at the door.

American Guild of Organist—AGO Recital Friday, May 9 at 7:30 p.m.

This year American Guild of Organist annual recital will be held at St. Philip the Deacon, so that other organists in the Twin Cities can discover our organ. The recital will feature several performers playing our 3-manual, 51-rank 2005 Schantz pipe organ. This event is free and open to the public.

Herald Music Series: Meetinghouse Chorale, SPD Sanctuary Choir and Artaria String Quartet Sunday, May 18 at 3 p.m.

This is a free concert, and open to the public.

Mental Health: A Family Affair Tuesday, April 29 at 7 p.m.

The Rev. Dr. Sarah Griffith Lund will be addressing mental health in the family and how we can be agents for building resilient mental health in our communities. She will provide information, stories and ideas to improve and maintain our own mental health and those struggling around us. This event, which is free and open to the public is in collaboration with Mental Health Connect. Registration is not required, but is encouraged if you would like handouts and notices for the event. Register at spdlc.org/register. Questions, contact Susan Path, Parish Nurse spath@spdlc.org or if you are interest in helping.

A "Mental Health Coping Toolkit Resource Fair" will be at 6 p.m., as well as after the presentation.

Breaking the Silence About Neurodiversity Bethlehem Lutheran Church—Minneapolis Wednesday, April 30 at noon

Rev. Dr. Sarah Griffith Lund, author of *Blessed Minds: Breaking the Silence About Neurodiversity* will be the guest speaker at the lunch. Sarah will be discussing her book and how she unpacks the concepts of neurodiversity, mental health, and disability. The book challenges the stigma surrounding neurodivergent individuals and offers practical steps for creating inclusive and supportive faith communities. The cost is \$15 per person, register at https://www.bethlehem-church.org/event/blessed-minds/.

Bible Study: Colossians Wednesdays, May 7-June 25 at 10 a.m.

During this 7-week study, we'll read and discuss Paul's letter to the Colossians. Together, we'll discover the liberating love of Jesus and the new—creation life we're invited to experience—here and now. Register at spdlc.org/register.

Hearts + Minds Wellness Program Thursdays, May 9-June 5 at 6:30-8 p.m.

Hearts + Minds is designed for people who live with a mental health condition to educate and empower them to better manage their health, mentally and physically. A variety of health topics are discussed, along with actionable ways to improve health and wellness with tools, strategies, and simple steps that make sense and are not overwhelming. NAMI Minnesota (National Alliance of Mental Illness), believes that mental health is physical health. Register at spdlc.org/register. No cost.

Chair Yoga Spring Retreat

Thursday, May 15, 9 a.m.—3:30 p.m.—Register online You are invited to join a chair yoga practice and meditation session at the Minnesota Arboretum. Before practice begins, participants explore the Arb. As we gather for the chair yoga practice, we will focus on our theme, "Dwelling in Our Bodies, Dwelling in Jesus." Practice is followed by a box lunch, devotion and tram ride before returning to the church. Cost is \$40 through April 20, \$50 April 21 and after.

SUMMER AT SPD

Vacation Bible School (Kids ages 3 to 4th grade) June 9–12 from 8:45–11:30 a.m.

Join us for four days of adventure-filled learning! Our theme this year is "True North: Trusting Jesus in a Wild World." Each day will be filled with music, stories, experiments, learning, snacks, games, friends, laughter, and more! We will adventure through the "True North" thick forests, experience the stunning northern lights, and explore with curious woodland animals as we learn more about Jesus and his unending love for us! We will be both indoors and out. Cost is \$35 per student with a max of \$80 per family Please register by May 16.

Midsummer Lawn Bowling Wednesday, June 25 at 6:30 p.m.

This event is for all adults, singles and couples. We will meet at Brookview Golf Course in Golden Valley (Hwy 169 and 394). Questions, contact Cindy Carlson at ccarlson@spdlc.org. The cost is \$10 per person.

Summer Fishing Retreat June 26–29

Join SPD Outdoors for a time of faith, fellowship, fun and fishing at 10th annual Summer Fishing Retreat on Lake of the Woods. Registration is now open. Questions, contact Pastor Mark Schmid at mschmid@spdlc.org.

Kids Adventure Week

Week 1—July 14–17 from 8:30 a.m. –3:30 p.m. Week 2—July 28–31 from 8:30 a.m. –3:30 p.m.

A jam-packed week of outrageous adventures. Each day will have a theme. We will do some things at church, and take a bus to other adventures. Each day will include a devotion, friendships, adventure, new experiences, and all-around fun!

Family Camp Aug. 8–10 at Camp Wapo

Join Pastor Makayla and family a fun weekend at Camp Wapo. For families of all ages. Register at Wapo website

Children's Summer Music Camp Aug. 11–14 from 9 a.m. –12:30 p.m.

St. Philip the Deacon is kicking off a vocal music camp led by Celina Kobetitsch and Samuel Grace. Activities will include singing, games, musical guests and a field trip. The campers will help to lead worship on Sunday, Aug. 19.

SPD Summer Programs and Activities

For more summer programs pick up a *SPD Summer brochure* at the Hospitality Desk. There are programs and activities for all ages. **Registration is open at spdlc.org/register.**

Children, Youth and Family Programs

Weekly Programs for Children and Youth

You are invited to join any of our children's and youth programs: Sunday School, Children's Choirs, the Childcare Center, Verse 5, Confirmation and High School ministry.

Sunday School

Sunday mornings at 9:30 a.m.

Preschool (3 years–K)

Elementary School (1st–4th grade)

Childcare Center

Childcare is available during the Sunday morning worship services (8:15, 9:30 and 10:45 a.m.)
Children 6 weeks–2+ years old

5th and 8th Grade Bridging Night Wednesday, April 30 at 6:30 p.m.

Parents, your 5th grader is moving into middle school, or your 8th grader is bridging into 9th grade. What's up next? Join us in Fellowship Hall to learn how to prepare for:

Middle school Confirmation (Begins in 6th grade) 9th grade Confirmation (Fall 2025) Celebration of Passage (January 2026) Affirmation of Baptism (January 2026) High School Ministry/Koin at SPD

Questions?

High School Olsen Pancoast at opancoast@spdlc.org
Middle School Charlie Olson at colson@spdlc.org

Baptism at SPD

We welcome baptisms of infants, older children and adults at St. Philip the Deacon. It is in the waters of baptism we are named and claimed as God's own. This sacrament is gladly offered for you and your family, regardless of membership status at SPD.

In preparation of a baptism, we have created a baptism video at spdlc.org/life events. To schedule a baptism, please complete our <u>Baptism Information Form</u>, which is available online at <u>spdlc.org/life-events</u>. If you have questions, please contact Nancy Bixby at <u>nbixby@spdlc.org</u>, or 763-475-7166.

Growing Families

Have you recently found out you are expecting? Or are you adopting a child into your family? Let us share your joy and walk beside you as a faith community. At St. Philip the Deacon, we want to support you and your family as it grows and develops. Let us know your big news! Get in touch with us online or Contact: Kathy Hagedorn, Early Childhood and Children's Ministry at khagedorn@spdlc.org or 763-475-7138.

Connected @ SPD

Help us keep our contact information up to date.

Please let us know using our <u>online Update Contact</u> <u>Information form at spdlc.org/contact</u>, or you may contact our membership coordinator, Nancy Bixby, with any changes at 763-475-7166 or nbixby@spdlc.org.

Prayer Requests

You can make a prayer request online by visiting our information request form at <u>spdlc.org/contact</u>. All requests will be held in prayer and kept in confidence. If you would like a pastor to call you, please include your contact information.

Altar Flowers

You are invited to sponsor altar flowers throughout the year (except during Lent) to beautify our sanctuary for worship. Cost is \$75 per bouquet. Your commemoration (for instance, to celebrate an occasion or remember a loved one) will be shared in the worship folder and on the livestream slideshow before worship at 9:30 a.m. Sign up online to sponsor flowers, or call the church. During Lent we do not have altar flowers in the sanctuary.

SCROLL & CHARIOT PRESS

Right Here, Right Now, by Amanda Berger

We are delighted to announce our first offering from SPD's new publishing imprint, Scroll & Chariot Press: *Right Here, Right Now*, by Amanda Berger.

The book is available for purchase in person at SPD for \$20 at the hospitality desk on weekends; ask at the main office during the week. It is also available online at spdlc.org/register (look under products) for \$25, which includes shipping and handling right to your home.

All-Congregation Band

Do you play an instrument? Perhaps it has been some time since you've played? Well, dust off that old saxophone—we're seeking musicians of all ages to help lead worship in our first All-Congregation Band. There is no age limit, although a basic proficiency and ability to read music is expected. All musicians should supply their own instrument. All band and orchestra instruments are welcome. To make the experience accessible for all, there are only two required rehearsals: Register at spdlc.org/register. If you have any questions, please contact Samuel Grace, Director of Music Ministry at sgrace@spdlc.org or 763-475-7142.

Rehearsals

Wednesday, May 28 (7–8:30 p.m.) Saturday, May 31 (10–11:30 a.m.)

Play for Worship:

Sunday, June 1 (Worship at 9:30 a.m.—Call time at 9 a.m.)

Interfaith Outreach

The Interfaith Outreach food pantry is a valuable resource to families in our local community. Hunger in the suburbs is not always visible, but it is no less real. The Interfaith Outreach Food Shelf serves over 250 households per week and 44% of the people served are children. The food shelf is a safety net and supplemental resource for families and seniors who live on low and fixed incomes. A list of the most needed items include:

Healthy snacks (granola bars, trail mix and dried fruit), Baby food and formula, diapers, cooking oil, hearty soups, papers bags (for packing food shelf goods), paper towels, toilet paper, toiletries, and feminine hygiene products.

Also can also help our neighbors celebrate special traditions.

Easter, April: Ham, potatoes, Easter candies

Eid al-Adha, May: Dates

Funeral Reception Team

Would you like to help with this tremendously supportive ministry? You can bake cookies or bars, or help with either the set-up or serving of the reception. There are options to help during the week, as well as weekends. Contact Cindy Carlson at ccarlson@spdlc.org or 763-475-7115, if you would like to be added to the on-call list to help with funeral receptions.

Earth Day Plogging Tuesday, April 22 at 5 p.m.

Help clean up our community by picking up litter and get some outdoor exercise with fellow ploggers. ("Plogging" is a combination of "plucking" and "jogging"). Contact Renee Putnam at serve@spdlc.org for more information.

Blood Drive at SPD Thursday, May 1 from 2–7 p.m.

Memorial Blood Center is sending their blood mobile to SPD! You can help save lives to signing up to make a donation at **mbcheronhub.club**.

Earthquake Relief for Myanmar and Thailand

You can give to Lutheran World Relief (give.LWR.org) to help our neighbors in Myanmar and Thailand after the deadly earthquake that struck last week. 100% of your donation goes to help those relief efforts. You can also **give online at SPD** (spdlc.org/egiving) and choose the Angel Fund, with "Earthquake" in the notation line.

Twin Cities Benefit for Youth Tuesday, May 6 at 5:30 p.m. Quincy Hall in NE Minneapolis

You are invited to the annual spring fundraising event in support of Lutheran Social Services programs for children, youth and families. The event is \$25 per person, which includes dinner, drinks and a short program. You can register at Twin Cities Benefit for Youth Registration. The deadline to register is Tuesday, April 22, 2025,

CARE AND SUPPORT PROGRAMS

Alcoholics Anonymous (AA) Tuesday evening at 6:30 p.m.

There is an AA chapter that meets at St. Philip the Deacon in the CFL on Tuesday evenings. Park in the lower level parking lot, and use Door E. For questions, contact Mike Conley at 612-619-6448.

Caregivers Support Group Wednesday afternoons at 1 p.m.

This is a weekly meeting of people who are currently the primary caregiver for another adult. In many cases, members are spouses or adult children of someone who is living with dementia or other long-term illness, though the group is not specifically aimed at any single care scenario. Members gather to take a break from their setting, share ideas and support one another. Contact Susan Path, Parish Nurse, for more information: spath@spdlc.org or 763-475-7168.

Thrive: Cancer Support Group 1st and 3rd Tuesday afternoons at 1 p.m.

Thrive is a support group for those who have been diagnosed with cancer. We will be addressing our fears and journey for hope. You will find support, emotionally and spiritually, in a confidential environment. The group **meets the 1st and 3rd Tuesday of each month from 1–2 p.m.** Contact Susan Path, Parish Nurse <u>spath@spdlc.org</u> or 763-475-7168 with questions or zoom link.

Sanctuary of Survivors (SOS) 1st and 3rd Thursday evenings at 7 p.m.

Sanctuary of Survivors is a faith-based support group for those who have lost a loved one by suicide. All emotions, all questions will be heard and honored by this group. All are welcome, wherever you are on your faith journey, including questioning or having a crisis of faith. Please contact Pastor Valerie Strand Patterson at vstrand@spdlc.org for information on how to join the group, including on Zoom.

Mental Health Connect

If you need help finding appropriate mental health care, there are resources available to help at Mental Health Connect. www.mhconnect.org. Call or text 612-642-1220.

West Suburban Grief Coalition Thursday afternoons, 4–6 p.m.

The West Suburban Grief Coalition is an extension of 15 area churches to help provide caring support and education for persons who are grieving the death of a loved one.

The West Suburban Grief Coalition is meeting at Gethsemane Lutheran Church in Hopkins. The address is 715 Minnetonka Mills Road, Hopkins, MN 55343.

All individuals are welcome, and no registration is needed. There is a brochure with more information available at the hospitality desk. For more information about Grief Coalition, contact Harley Feldman at harleyfeldman@gmail.com.