

## C.S. Lewis: An Introduction

Nov. 11, 18 and 25 at 6:30 p.m.

[Register online](#)

On Thursday, Nov. 21, the Faith & Life Series will host Michael Ward, one of the foremost C.S. Lewis scholars and experts. For the two weeks before that event, and the week following it, gather with Pastor Tim Westermeyer to learn more about the life and legacy of one of the 20<sup>th</sup> century's most important Christian authors and thinkers.

## Faith & Life Lecture Series

**Faith & Philosophy: A Legacy from C.S. Lewis**

Thursday, Nov. 21 at 7 p.m.

The presenter is Michael Ward, a leading expert on C.S. Lewis. All Faith & Life presentations are free and open to the public. Learn more at [faithandlife.org](http://faithandlife.org).

## Herald Music Series—Monroe Crossing Band Sunday, Nov. 10 at 3 p.m.

The Herald Music Series is a community service of St. Philip the Deacon Lutheran Church. The Series is a reflection and an extension of our long commitment to outstanding music.

Monroe Crossing performs an electrifying blend of classic bluegrass, bluegrass gospel, original bluegrass and some surprising selections outside the bluegrass genre. Named in honor of Bill Monroe, the Father of Bluegrass Music, they are favorites among bluegrass connoisseurs and non-bluegrass audiences alike. They love introducing newcomers to bluegrass music! There will be a free will offering.

## Worship Assistance Opportunities:

### Communion Server

In the next month, we will be receiving communion on the following dates. You may sign up either individually or as a pair for a particular date and service at [spdcl.org/register](http://spdcl.org/register) under Worship Assistants. In addition, communion is served each week on Saturday evening and at the 10:45 a.m. services.

Sunday, Nov. 3  
All Saints' Weekend

Sunday, Nov. 24  
Christ the King Weekend

Wednesday, Nov. 27  
Thanksgiving Eve

Sunday, Dec. 1  
First weekend of the month

## Winter Jackets

We are collecting warm, gently used winter jackets of all sizes (children and adult), as well as children's snow pants. There is a particular need for jackets for teens, as well as men's and women's larger size coats (XL and XXL). **Coats can be used, but should be clean and in good condition.** Please drop them off in Fellowship Hall.

## Thanksgiving Food Baskets

Share your blessings by helping provide food baskets to 400 families in the Phillips West neighborhood of Minneapolis. The distribution of holiday food baskets is a ministry in partnership with Messiah Lutheran Church, our sister congregation. Donations to purchase food may be given by check or online. Note *Messiah Thanksgiving Basket* on your check. A gift of \$50 will purchase food for two families however, any amount is greatly appreciated. Checks may be placed in the offering plate in the lobby or given to the church office. You may also give a gift at [spdcl.org/egiving](http://spdcl.org/egiving) and use the "Food Basket tile".

A SPD family will match your contribution dollar for dollar up to \$25,000, with the hope of providing holiday food baskets, and supporting the Community Bridge\* programs.

In addition, you can sign up to help pack and distribute Thanksgiving and Christmas dinner baskets through Community Bridge at [communitybridgempls.org/volunteer](http://communitybridgempls.org/volunteer)

*\*Community Bridge (CB) began as a partnership of Lutheran Social Service of MN (LSS) and Messiah Lutheran Church at the Center for Changing Lives (CFCL or the Center) to enhance hospitality and community outreach in the Phillips West Neighborhood.*

## Leaving a Legacy for St. Philip the Deacon

Does your estate plan include a legacy gift to St. Philip the Deacon? If so, please let us know by completing a Letter of Intent so we can thank you and add you to the rolls of Rejoicing Partners, our honorary legacy giving society. Learn more—and find a downloadable Letter of Intent at [spdcl.org/legacy](http://spdcl.org/legacy).

## Stay Connected—Especially Snow Birds

**Help us keep our contact information up to date,**

please let us know using our [online Update Contact Information form](#) or you may also contact our membership coordinator, Nancy Bixby, with any changes at 763-475-7166 or [nbixby@spdcl.org](mailto:nbixby@spdcl.org).

## From the Finance Office:

Thank you for your continued generosity! Watch your mailbox for your 2024 first through third quarter Contribution Statements. It will also be information about our year-end giving guidelines for 2024. Contact Moe Hagestuen, Finance Administrator, with any questions at [finance@spdcl.org](mailto:finance@spdcl.org) or 763-475-7124.

## EVENTS, CLASSES AND GATHERINGS

### **A Day Away for Moms with Young Children Saturday, Nov. 2, 9:30 a.m.–4 p.m.**

This women's retreat will be held at The Blessing House in Victoria and is designed for moms with young children. We will explore some of the joys and challenges of this season of your life, and what it looks like to build community to support and encourage each other. The cost is \$40 per person. Transportation is on your own. Questions: Kathy Hagedorn at khagedorn@spd.org or Cindy Carlson at ccarlson@spd.org. **Registration deadline is Oct. 27 at [spd.org/register](https://spd.org/register).**

### **Augsburg Centennial Singers Sunday, Nov. 3 at 3 p.m.**

A 43-voice male chorus whose concert will include familiar hymns, songs of praise, gospel selections and patriotic music. The concert is free and open to the public. Free will offering.

### **Conversation with Pastor Makalya Tuesday, Nov. 12 at 1 p.m.**

Whether you're retired, semi-retired, or just have the afternoon off, please join us for The Conversation. We will plan to meet in Fellowship Hall—use the west parking lot. No registration.

### **SPD Shopping Event at Art2Heart Tuesday, Nov. 12 at 3–7 p.m.**

A SPD shopping event at Art2Heart (95 Hamel Road, Hamel), in which 20% of the evening's proceeds will benefit the SPD Holiday Food Basket ministry.

### **An Evening with the Looney Lutherans Friday, Nov. 15 at 6 p.m.**

Join us for an evening of fun, food and fellowship as we welcome the *Looney Lutherans* to SPD. We will begin the evening with dinner (think hot dish and Jello) prior to the program. The program featuring the *Looney Lutherans* are a trio of wacky gals who use music, comedy and some help from the audience to share their age-old wisdom for living a long, happy life *the Lutheran way*. The cost is \$20 per person, for dinner and the show. Register online at [spd.org/register](https://spd.org/register).

### **Free Bikes 4 Kidz (FB4K) Volunteer Opportunity Saturday, Nov. 16 at 9 a.m.–Noon**

*Free Bikes 4 Kidz!* is a non-profit organization geared toward helping all kids ride into a happier, healthier childhood by providing bikes to those most in need. The public donates gently used bikes, FB4K organizes thousands of volunteers to clean and refurbish them, and then gives them away to kids in need. For more information, check out [FB4Kmn.org](https://fb4kmn.org).

Be a part of the group from SPD to help to clean and refurbish donated bikes. No experience needed. We will plan to meet at the FB4K site (previous location of Dick's Sporting Goods). **Register at [spd.org/register](https://spd.org/register). Questions, contact [serve@spd.org](mailto:serve@spd.org).**

### **Encounter: Christmas Tea at Nicollet Island Inn Thursday, Dec. 5 from 12:30–3:15 p.m.**

Join us for a Christmas Tea at Nicollet Island Inn in Minneapolis. The cost is \$75 per person, which includes the tea, motorcoach transportation, service fees and taxes. Register online at [spd.org/register](https://spd.org/register) or contact Cindy Carlson at 763-475-7115 or [ccarlson@spd.org](mailto:ccarlson@spd.org).

### **Beer & Hymns—Christmas Edition Monday, Dec. 16 from 6:30–8 p.m. Luce Line Brewing**

Join us for an evening of music and fellowship as we sing the hymns of Advent and Christmas! Everyone is welcome, whether you like to sing, or just hum along. No registration needed. Questions? Contact Cindy Carlson at [ccarlson@spd.org](mailto:ccarlson@spd.org) or 763-475-7115.

### **Spirit Bead Workshops**

Spirit Bead workshops invite you to create beautiful artwork as a spiritual practice and an expression of your faith.

Tuesday, Nov. 5 from 3–7 p.m.

Tuesday, Dec. 3 from 3–7 p.m.

## YOGA OPPORTUNITIES

### **YogaFaith**

For more information, contact Amanda Berger at [aberger@spd.org](mailto:aberger@spd.org), or by phone at 763-475-7139.

### **YogaFaith Vinyasa**

**Tuesdays at 6:30 p.m. [on Zoom](https://zoom.us)**

Meeting ID: 190 431 409, Passcode: DOWNDOG

**Thursday at 9 a.m.** in the CFL

### **Chair Yoga**

**Mondays and Thursdays**

**11:30 a.m.–12:15 p.m.**

*We meet in the CFL. Enter at Door E on the east side.*

Energize your body and mind with Chair Yoga! Chair Yoga is a program for folks with limited flexibility or anyone who needs to take it easy on their joints. Payment is by free will donation. Wear comfortable clothing and bring a water bottle. Questions contact Kathy Hagedorn at 763-475-7138.

### **All Is Calm: Advent Yoga with Harp**

**Thursday, Dec. 19 at 11:30 a.m.** (Chair Yoga)

**Friday, Dec. 20 at 7 p.m.** (Mat Yoga)—[Register online](https://spd.org/register)

Join us for this popular, gentle yoga practice that helps you find stillness and peace during the advent season. All is Calm Advent Yoga features harpist Rachel Brandwein. This slow and meditative yoga practice unites breath, scripture, prayer and movement to help us reconnect to our bodies and find God's peace and presence. Suggested donation is \$20 with proceeds going to Christmas ministries. [Register online](https://spd.org/register) to reserve your spot for the Friday, Dec. 20 mat class, and pay at the door. No registration required for the chair class on Thursday, December 19 at 11:30 a.m.—just drop in!

## Children, Youth and Family Ministries

Check out our registration page at [spdcl.org/register](https://spdcl.org/register).

- **Childcare Center**  
Sunday mornings at all services
- **Sunday School and Sunday Friends**  
Sundays at 9:30 and 10:45 a.m.
- **Verse 5** (5th graders—twice monthly)  
Wednesday evenings 6–7:30 p.m.
- **Confirmation** (6–8th grade, 9th grade)  
Wednesday evening at 6:30–7:30 p.m.
- **Koin** (9th–12th grade) Wednesday evening at 7:30 p.m.

### Childcare Center

Registration is open for children who are 6 weeks old through 3 years old to join our childcare center. Childcare is available at all Sunday morning worship services. Trained staff are available to assist with your child(ren). Register at [spdcl.org/register](https://spdcl.org/register).

### Baptism at SPD

We welcome baptisms of infants, older children and adults at St. Philip the Deacon. It is in the waters of baptism we are named and claimed as God's own. This sacrament is gladly offered for you and your family, regardless of membership status at SPD.

In preparation of a baptism, we have created a baptism video at [spdcl.org/life-events](https://spdcl.org/life-events). To schedule a baptism, please complete our [Baptism Information Form](#), which is available online at [spdcl.org/life-events](https://spdcl.org/life-events). If you have questions, please contact Nancy Bixby at [nbixby@spdcl.org](mailto:nbixby@spdcl.org), or 763-475-7166.

### Preschool/Toddler Storytime

**Tuesdays at 5–5:30 p.m. and 5:35–6:05 p.m.**

Join us for a Preschool/Toddler Storytime. (It has been intentionally planned to coincide with the rehearsal time for the Dynamic Deacon Choir). While siblings are at choir, join us for a story and a time to play. We will meet in Room 101 on the lower level. Note: This program is open to all—you need not have someone in choir to participate.

### Verse 5

Calling all 5th graders! We meet about twice a month on Wednesday nights—same night as the older kids—for fun, learning and fellowship. Questions? Contact Trish Arndt at [tarndt@spdcl.org](mailto:tarndt@spdcl.org). Register at [spdcl.org/register](https://spdcl.org/register).

### Youth Ministry on Wednesday Nights

5:15 p.m.	SPD Singers
5:30 p.m.	Pizza and Play
6:30 p.m.	Confirmation (6–8th grade)
7:30 p.m.	Koin (Senior High Youth Group)

Register at [spdcl.org/register](https://spdcl.org/register). For more information contact Charlie Olson at [colson@spdcl.org](mailto:colson@spdcl.org) or 763-475-7129.

### Youth Reader/Acolyte Training

**Tuesday, Oct. 29 at 6:15 p.m.**

**Sunday, Nov. 10 at 11:45 a.m.**

Kids in grades 3 and higher are encouraged to serve in worship through reading and/or lighting the candles. Join us for one of the two upcoming trainings about this. Sign up online at [spdcl.org/register](https://spdcl.org/register).

### Youth: The Sleep Out 2024

**Saturday, Nov. 9 starting at 5 p.m. through**

**Sunday, Nov. 10 at 11 a.m.**

Middle School and High School youth plan to join The Sleep Out 2024, in support of the Interfaith Outreach Sleep Out campaign. You will hear more about housing instability, its impact on individuals and families in our community and how Interfaith addresses their needs and how you can support this campaign.

- Register at [spdcl.org/register](https://spdcl.org/register)
- Adult volunteers are needed (must pass a background check if staying overnight)
- \$20 per youth, scholarships are available.

### Kids Movie Night

**Friday, Nov. 15 at 6–8 p.m.**

Kids are invited to bring a pillow and blanket and watch a movie on the big screen at church! Pajamas are welcome but not required. Pizza will be served and then we will watch a movie on the big screen. Kids younger than Kindergarten will be in the Childcare Center. Cost is \$5/child, which covers pizza, drink, and dessert. Register at [spdcl.org/register](https://spdcl.org/register).

### Moms In Prayer—Wayzata High School, Orono High School, College and Career Group

**Thursday mornings at 9:30 a.m.**

All moms of WHS students, OHS students and adult children (college or career) are invited to meet on Thursdays from 9:30–10:30 a.m. to pray for our schools and kids. We welcome you whether you are brand new to praying or a seasoned prayer warrior. For more information about this group, contact Laura Brinkman, [lbrinkman2010@gmail.com](mailto:lbrinkman2010@gmail.com) or more information about Moms In Prayer, visit [momsinprayer.org](https://momsinprayer.org).

### SPD Young Adults Together

Upcoming opportunities to meet and connect with other young adults from St. Philip the Deacon. All gatherings are at 7 p.m., unless noted.

Thursday, Nov. 7	Luce Line Brewing
Thursday, Nov. 21	Utepils Brewing
Thursday, Dec. 5	LTD Brewing



## Interfaith Outreach Food Pantry Needs

The food shelf is a valuable resource to families in our local community. Hunger in the suburbs is not always visible, but it is no less real. The Interfaith Outreach Food Shelf serves over 250 households per week and 44% of the people served are children. The food shelf is a safety net and supplemental resource for families and seniors who live on low and fixed incomes. The full list of food shelf donation needs can be found at [iocp.org/outreach-services/food-shelf](http://iocp.org/outreach-services/food-shelf).

## 3,000 Acts of Kindness Donation Drive 2024 We will be collecting donations through next weekend, Nov. 3.

Clothing items: The donated items should be NEW, and are needed for men, women and children, in all sizes.

Winter gloves, Winter hats and scarves  
Socks and underwear

Personal care items:

Toothbrushes, toothpaste (travel size), shampoo/conditioner (travel size), nail clippers, combs, Chapstick, deodorant, Kleenex (travel size), feminine products (small packages).

## 3,000 Acts of Kindness Volunteer Opportunity Monday, Dec. 9 at 7:30 a.m.–1 p.m.

This is a wonderful opportunity to provide a day of hope and dignity to individuals in the Twin Cities who are experiencing homelessness. There is more information about the *3,000 Acts of Kindness* mission, at [coatedinlove.org](http://coatedinlove.org).

**Volunteer to serve at the event, and take the bus from SPD.** To help with driving and parking downtown we have arranged a bus for the morning session. We plan to leave SPD by bus at 7:30 a.m. and return at 1 p.m. There is no cost involved, but registration is required at [spd.org/register](http://spd.org/register).

## Christmas Care 2024

Our Christmas Care ministries will serve a number of shelters, both in Plymouth and Minneapolis. They include Smith Lodge, Mission Lodge, Hart House, Mission Heights (new this year) Our Saviour's Housing, Home Free Shelter, Home Free Community Program and Anishinabe Wakiagun.

We will also have a children's book drive, and provide Thanksgiving and Christmas Food baskets at Messiah Lutheran Church. The shopping lists and instructions for each of the shelters will be available in person and online in early November. Questions, please contact Pastor Valerie Strand Patterson at [vstrand@spd.org](mailto:vstrand@spd.org) or 763-475-7126.

## Lutheran Disaster Response

Since these natural disasters require a long-term response, Lutheran Disaster Response (LDR) and our partners support communities on the long road to recovery with disaster case management, construction management and emotional and spiritual care. 100% of Gifts given to Lutheran Disaster Response are used to equip them to respond to disaster. Donate at [ELCA.org/LDR](http://ELCA.org/LDR).

## CARE AND SUPPORT PROGRAMS

### Alcoholics Anonymous (AA)

**Tuesday evening at 6:30 p.m.**

There is an AA chapter that meets at St. Philip the Deacon in the CFL on Tuesday evenings. Park in the lower level parking lot, and use Door E. For questions, contact Mike Conley at 612-619-6448.

### Caregivers Support Group

**Wednesday afternoons at 1 p.m.**

This is a weekly meeting of people who are currently the primary caregiver for another adult. In many cases, members are spouses or adult children of someone who is living with dementia or other long-term illness, though the group is not specifically aimed at any single care scenario. Members gather to take a break from their setting, share ideas and support one another. Contact Susan Path, Parish Nurse, for more information: [spath@spd.org](mailto:spath@spd.org) or 763-475-7168.

### Thrive: Cancer Support Group

**1st and 3rd Tuesday afternoons at 1 p.m.**

Thrive is a support group for those who have been diagnosed with cancer. We will be addressing our fears and journey for hope. You will find support, emotionally and spiritually, in a confidential environment. The group **meets the 1st and 3rd Tuesday of each month from 1–2 p.m.** Contact Susan Path, Parish Nurse [spath@spd.org](mailto:spath@spd.org) or 763-475-7168 with questions or zoom link.

### Sanctuary of Survivors (SOS)

**1st and 3rd Thursday evenings at 7 p.m.**

Sanctuary of Survivors is a faith-based support group for those who have lost a loved one by suicide. All emotions, all questions will be heard and honored by this group. All are welcome, wherever you are on your faith journey, including questioning or having a crisis of faith. Please contact Pastor Valerie Strand Patterson at [vstrand@spd.org](mailto:vstrand@spd.org) for information on how to join the group, including on Zoom.

### Mental Health Connect

If you need help finding appropriate mental health care, there are resources available to help at Mental Health Connect. [www.mhconnect.org](http://www.mhconnect.org). Call or text 612-642-1220.

### West Suburban Grief Coalition

**Thursday afternoons, 4–6 p.m.**

The West Suburban Grief Coalition is an extension of 15 area churches to help provide caring support and education for persons who are grieving the death of a loved one.

*The West Suburban Grief Coalition is meeting at Trinity Lutheran Church, 2060 County Road 6, Long Lake, MN 55356.*

All individuals are welcome, and no registration is needed. There is a brochure with more information available at the hospitality desk. For more information about Grief Coalition, contact Harley Feldman at [harleyfeldman@gmail.com](mailto:harleyfeldman@gmail.com).